

# Level 2 Certificate in **Introducing Caring for Children and Young People**



## Course overview

**There are many factors that can impact on children and young people at different stages of their development. It is important to understand what these factors are, as well as the ways in which children and young people's development can be enhanced through activity and interaction.**

Throughout this qualification, you will explore how children's development can be influenced by factors such as nutrition, and gain an understanding of the various safeguarding responsibilities of those who care for children and young people. You will also discover the importance of activities, play and interaction, and learn how to contribute positively to the development of children and young people at different stages.



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### Who is suitable?

This course is suitable for anyone currently working with, or intending to work with, children and young people, or anyone who wishes to increase their understanding of care for these age groups. The qualification can also be used to complement a personal or voluntary role working with children and young people.

### Learning method

Studying via distance learning means you can choose when and where you study.

This course is available:



**Paper-based**



**Paper-based learning with online assessments.**

no exams  
just assessments

### What you will learn

**This course is split into five manageable units:**

- Unit 1:** Young children's development
- Unit 2:** The value of play to young children
- Unit 3:** Importance of play for early learning
- Unit 4:** Safeguarding the welfare of children and young people
- Unit 5:** Use food and nutrition information to plan a healthy diet

### Benefits

- Gain a nationally recognised qualification
- Improve your care skills to help you create a long-standing career pathway in your chosen industry
- Courses are delivered as distance learning, allowing you to choose when and where to study
- Personal tutors are assigned to ensure you have the support needed to succeed.